



Information on Novel Coronavirus

Please read this update about the Coronavirus - and what to do

Have you been exposed to Novel Coronavirus?

The Novel Coronavirus is from the Chinese province of Wuhan is spread through touching and is contagious. If you have come from China or flown through China in the last 14 days - you may have been exposed to the virus.

Could you be unwell with the virus?

The Novel Coronavirus feels like having the flu, and in most cases, the virus leads to a moderate illness. Symptoms include fever, coughing and difficulty breathing.

What to do next

1. Stay home, in quarantine. Do not come to campus, do not travel to see a doctor
2. Call Healthline on 0800 611 116, tell them that you have just arrived in New Zealand from overseas, or you are feeling unwell with flu-like symptoms. They will tell you what to do next.
3. Let ACMI know, so we can help you with your attendance.
(You will need to provide a medical certificate)

How to protect yourself

- avoid close contact with people suffering acute respiratory infections
- wash hands frequently, especially after contact with ill people or their environment
- people with symptoms of acute respiratory infection should practice cough etiquette:
 - a. maintain distance
 - b. cover coughs and sneezes with disposable tissues or clothing
 - c. wash hands.

If this issue affects you, please email maria@acmi.ac.nz

Please be assured that ACMI will continue to constantly monitor the situation and the advice provided by New Zealand Government agencies. Any updates will be provided when they become available.

For more information, please read the Ministry of Health's fact sheets:

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-information-specific-audiences/covid-19-novel-coronavirus-advice-travellers>